



# Healthy and Balanced Lifestyle



Other Value-Add Partnership Programme (VAPP) Partners



With the pressures of today's world, one needs a healthy lifestyle to enjoy the most of life. As a member of Pula Medical Aid Fund, you can afford to stay healthy and fit. Get a discounted subscription from Gym Active in Gaborone, The Studio Gym in Maun, Fleximind Health & Fitness Studio in Francistown and Fitness & Muscles Club in Kanye. In addition, indulge yourself with massages from quest for Beauty Parlour, stress management sessions with Art of living Botswana, while staying in touch with your friends and family courtesy of Sony Ericsson (located at The Square), all at discounted rates.

Call 365 0585/6, 2412390 E-mail [marketing@pulamed.co.bw](mailto:marketing@pulamed.co.bw) or visit [www.pulamed.co.bw](http://www.pulamed.co.bw)